

Emotional Vocabulary

At ease	Optimistic	A bit silly	Flustered
Calm	Over the moon	Alarmed	Frustrated
Cheerful	Positive	Anxious	Intimidated
Comfortable	Protected	Awful	Let down
Comforted	Proud	Awkward	Messed about
Confident	Privileged	Brushed off	Rushed
Excited	Reassured	Cagey	Shocked
Fortunate	Relieved	Cut off	Nervous
Happy	Respected	Defensive	Scared
Heard	Safe	Dejected	Sorry
Hopeful	Satisfied	Disheartened	Shaken
In control	Supported	Dismissed	Uncomfortable
Included	Welcomed	Dreadful	Upset
Moved		Fed up	